FORM 3

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Address of Report Barbara D.	Requiring Staten	2. Date of Event Requiring Statement (Month/Day/Year) 11/18/2013  3. Issuer Name and Ticker or Trading Symbol NORTHERN TECHNOLOGIES INTERN							CORP [ NTIC ]	
(Last) (First) (Middle) 4201 WOODLAND ROAD					ionship of Reporting Pers all applicable) Director	son(s) to Issuer		5. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street) CIRCLE PINES	MN	55014	_			Officer (give title below)	Other (spo	ecify		cable Line) Form filed b	VGroup Filing (Check y One Reporting Person y More than One erson
(City)	(State)	(Zip)									
			Table I - Non	-Derivati	ve Se	curities Beneficial	ly Owned				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock						500	D				
						ırities Beneficially ptions, convertible		es)			
E			Expiration Da	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securi Underlying Derivative Securit		4. Conve or Exe	rcise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
			Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Price of Derivation Security	tive	Direct (D) or Indirect (I) (Instr. 5)	

**Explanation of Responses:** 

/s/ Matthew C. Wolsfeld -Attorney-in-Fact 11/20/2013

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The undersigned hereby constitutes and appoints G. Patrick Lynch and Matthew C. Wolsfeld, and each of them signing singly, and with full power of substituion, to be the undersigned's true and lawful attorney-in-fact to:

- (1) Prepare, execute in the undersigned's name and on the undersigned's behalf, and to submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934, Rule 144 under the Securities Act of 1933, or any rule or regulation of the SEC; and
- (2) Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer an officer and/or director of Northern Technologies International Corporation, any Form 144 in accordance with Rule 144 under the Securities Act of 1933, as amended, and any Form 3, Form 4 or Form 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules and regulations adopted thereunder; and
- (3) Do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 144, Form 3, Form 4 or Form 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and
- (4) Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-infact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is Northern Technologies International Corporation assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended, or Form 144 of the Securities Act of 1933, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 144s, Form 3s, Form 4s or Form 5s with respect to the undersigned's holdings of and transactions in securities issued by Northern Technologies International Corporation, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

this Power of Attorney to be executed as of this 31st day of August, 2013.

/s/ Barbara D. Colwell Signature Barbara D. Colwell Print Name